

Monitoring in Sedation

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Why Bother?

- 'Monitoring appropriate physiologic functions of a patient during sedative procedures permits the early detection of adverse side effects that may be produced by drugs or by clinical actions.' (Gravenstein and Paulus)
- Early detection allows corrective measures to be instituted at a time when they are more likely to prevent serious complications from developing. Recognising and treating an urgency can prevent it becoming an emergency

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Why Monitor?

- Optimise level of sedation
- Maximise safety
- Maximise efficiency
- Help ensure safe recovery
- Help assess appropriate discharge
- Record keeping

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- 80% of critical events were preventable and could be attributed to human error and lack of vigilance.

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Monitoring or Measuring?

- For monitoring to be effective, it must deliver an auditory or visual warning.
- If monitoring is not used, the morbid event eventually recognised by the practitioner is often the last in a series of physiological warnings resulting in a response being 'too little, too late'.

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Ideal device properties

- Safe
- Reliable
- Non-invasive
- Easily interpreted display
- Easy to calibrate
- Stable
- Portable
- Easily integrated with other equipment
- No technical help required
- Inexpensive

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What should we monitor?

- Oxygen saturation
- Respiration rate
- Respiration quality
- Heart rate
- Blood pressure
- ECG Trace

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How can we monitor?

- Observations
- Equipment
- Sphygmomanometer
- Electronic B.P.
- Pulse Oximeter
- ECG
- Combinations
- Bispectral Electroencephalographic Monitoring

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When should we monitor?

- I.V. Cases?
- R.A. Cases?
- Oral Cases
- Why not?
- Should it be only for sedation cases?

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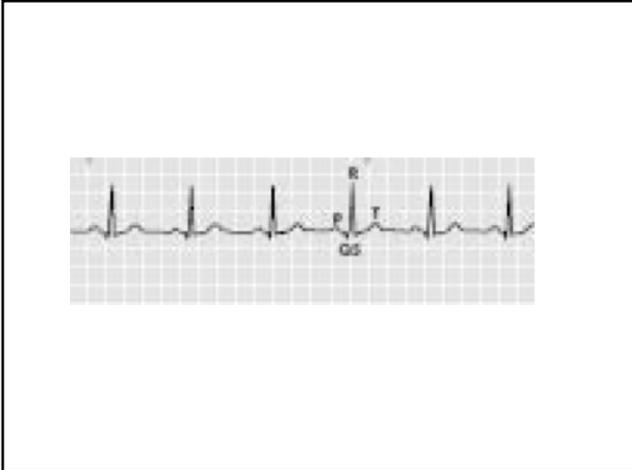
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The Sedation Record

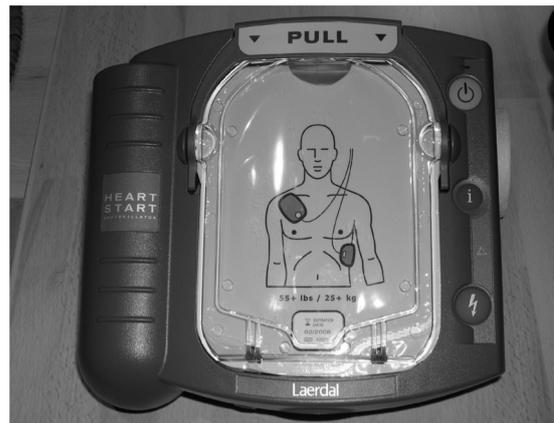
- As a minimum, vital signs should be recorded:
- Preoperatively
- Intraoperatively: after the administration of any drug and every 5 – 15 minutes during treatment
- Immediately postoperatively
- Before discharge

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How long should we monitor for?

- Until the patient is fit for discharge
- If we are to avoid the need for...

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